



**MEDIA STATEMENT OF THE CURRENT  
SITUATION OF THE COVID-19 INFECTION  
IN BRUNEI DARUSSALAM**

**30 Syaaban 1441 / 24 April 2020**

1. The Ministry of Health would like to inform the public that today, Friday, 30 Syaaban 1441 / 24 April 2020, *Alhamdulillah*, by the grace of Allah Subhanahu Wa Ta'ala, **there is no new case** of COVID-19 infection in the country. Therefore, **the total number of COVID-19 cases in Brunei Darussalam remains at 138 cases.**
2. Meanwhile, **one case** has recovered from COVID-19 today, therefore **the total number of cases recovered is 120 individuals.** This brings the number of active cases still being treated at the National Isolation Center to 17 cases, where 2 are still in critical condition and both require heart / lung machine (ECMO) and respiratory assistance. Meanwhile, the rest are in a stable condition.
3. At this time, **134 individuals** are currently undergoing quarantine in accordance to the Infectious Diseases Act (Chapter 204) and a total of **2,430 individuals** have completed their quarantine.

4. In the past 24 hours, a total of 340 samples have been tested for the SARS-CoV2 virus, that brings the total number of laboratory tests conducted since January 2020 to 12,770 tests.
  
5. With regard to the cases that have recovered but found to be positive again during follow-up examination, the Ministry of Health would like to inform that there is **no case that has re-tested positive**, meanwhile **four cases are allowed to return home**. This brings the total number of such cases as of today to 21 individuals, of which 10 individuals are still undergoing further examination and testing.
  
6. Furthermore, in light of the coming holy month of Ramadhan, in addition to continuing to take precautionary measures against the COVID-19 outbreak, the Ministry of Health also wants to take the opportunity to give health recommendations and advices that can be taken during this glorious month to maintain and strengthen the health of the body. For our diet, let us practice healthy eating that is balanced and moderate. Limit the intake of oily or fatty foods, reduce salt and sugar in cooking and drinks. Increase your intake of fruits and vegetables and make sure you drink at least 8 to 12

glasses of water daily which can be taken during and after breaking fast (iftar), after tarawih prayers, before bed and during suhoor.

7. Furthermore, light and moderate physical activity can still be performed during the month of Ramadhan. Physical activities such as walking, cycling, gardening or light exercise can be done in the morning, before iftar or after tarawih prayers for a total of 30 minutes a day. For those who are still smoking, take this opportunity during this holy month of Ramadhan to quit smoking completely for the sake of your health and your loved ones. Finally, the Ministry of Health would like to greet Ramadhan Kareem and Mubarak to all muslims in Brunei Darussalam. Therefore, let us take this opportunity during the month of Ramadhan to bring our family closer together by performing tarawih prayers and other acts of worships to Allah Almighty in our own homes and pray that Brunei Darussalam will always be blessed by Allah Subhanahu Wa Ta'ala, given guidance and to be free from the COVID-19 outbreak. Aamiin Aamiin Ya Rabbal Alamiin.

8. For further information and latest updates, members of the public can visit the official website of the Ministry of Health at

**www.moh.gov.bn** or by contacting the **Health Advice Line 148** or through the web application **healthinfo.gov.bn**

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Reference : KK/PR/2

Date : 30 Syaaban 1441H / 24 April 2020