

Programmes:

- Policy:

- Tobacco Order 2005
- Tobacco Regulations & Amendments 2012

Picture to use:



- Education:

- Talks

Upon request, talks will be conducted in various settings such as educational institution, workplace and also shopping centre.

Pictures to use:



- Exhibition and Roadshow

Exhibition and roadshow are often conducted annually in shopping centre and numerous event during Bandarku Ceria, on Sunday in Bandar Seri Begawan. It can also be conducted in other settings such as educational institution and workplace.

Pictures to use:



- Article / Poster / Leaflet

Various posters and leaflets on anti-tobacco have been produced by our Unit. These are made available to public and can be requested in the Resource Centre of Health Promotion Centre.

In addition to this, multiple articles have been published and aired on anti-tobacco.

Pictures to use:



- Awareness programs via media

To include Mass media campaign videos provided in the pen drive

- Curriculum

Currently the national curriculum included tobacco educational component for Year 6 and Year 8. More will be included in the near future.

- Smoking Cessation & Training:

- 1. Smoking Cessation Clinic**

Smoking Cessation Clinic or *Klinik Berhenti Merokok (KBM)* is available in all health centre all over Brunei Darussalam including in PIHM Hospital, Temburong. Counselling will be provided and pharmacotherapy (medication in assisting patient to cease smoking) will be provided if needed, for **free**.

The details of this KBM is as follow:

To include in KBM schedule that is attached in this email

- 2. Smoking Cessation Clinic in Workplaces**

Smoking Cessation Clinic is also available by request (upon availability and discussion) to be conducted in workplaces.

The programme runs for 6 months.

Pictures to use:



- 3. 5 'A's Brief Intervention Training for Healthcare Workers**

5 'A's Tobacco Cessation Brief Intervention training is a whole one day brief training provided to primary care provider which can be given to patients in just 3-5 minutes in order to encourage smokers to attempt in quitting smoking.

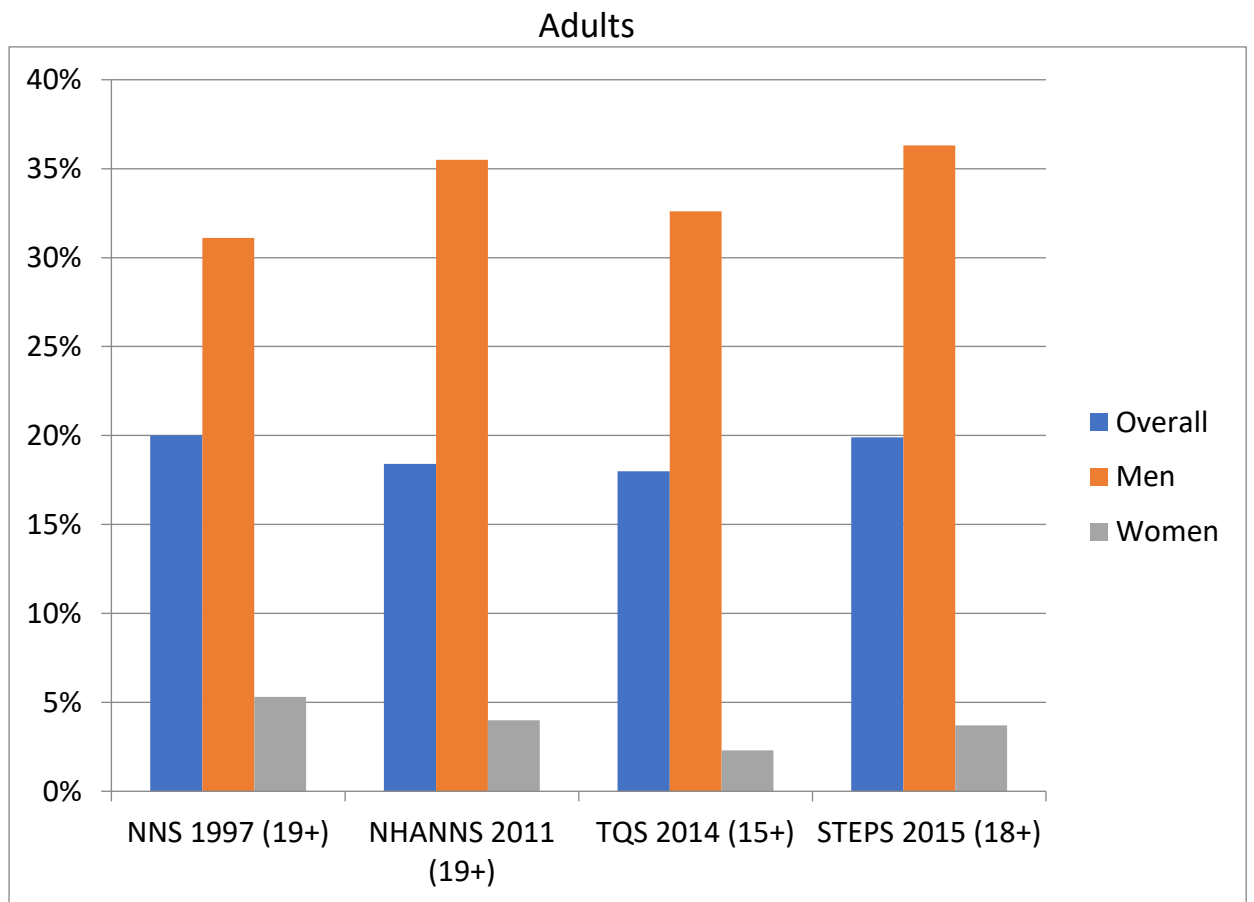
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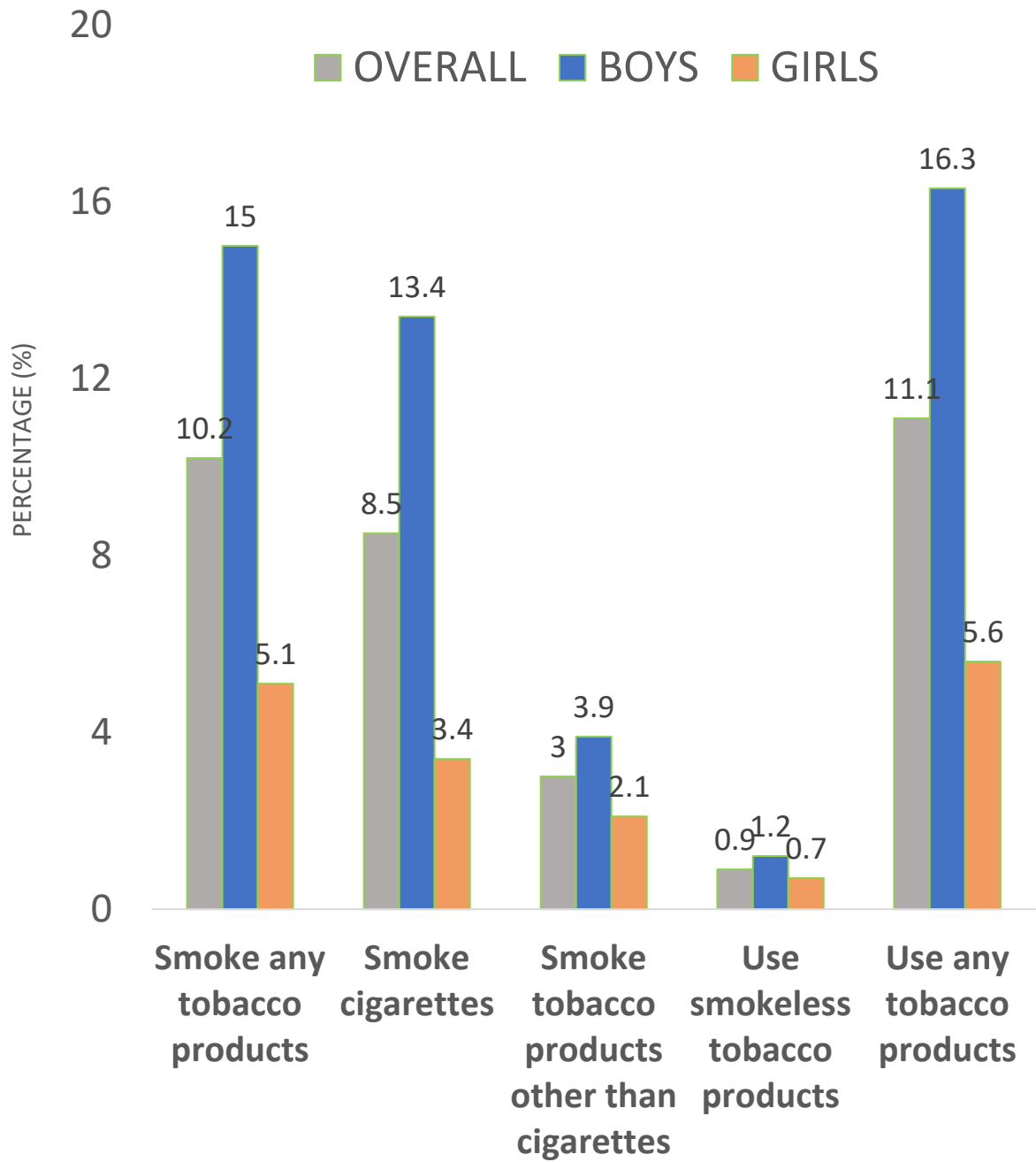
4. Capacity building

Statistics:

Tobacco Use Prevalence



Youth



From Global Youth Tobacco Survey 2013 (13-15 years old)

Tobacco Team:

