



HEARING AID ACCESSORIES

HEARING AID BATTERY AND ACCESSORIES BOOK

You will be issued with a Hearing Aid Battery and Accessories Book. Please bring your book with you every time you visit the Audiology Unit for your follow up appointment or for support.



You can get the following accessories from the Audiology Unit or ORL Clinic near you.

HEARING AID BATTERIES



You can find the size of your battery on the package. Sizes come in either 10, 13, 312 or 675. Subsequently, you can also know the size of the battery by the

colour of the sticker on battery (yellow, orange, brown or blue).

EARMOULD TUBING



Over time, the tubing may harden or become loose. Visit your audiologist to get the tubing replaced.

PUFFER

Use the puffer to puff out any debris or water droplets from your earmould.



DRYING CAPSULES



Drying capsules help to absorb moisture in your earmould and hearing aid. Place the drying capsule in an air tight container along with your hearing aid. Remember to remove the battery and keep it safely. Dry your hearing aids daily. A yellow capsule indicates that it can still absorb moisture. Replace the capsule when it turns white.

BATTERY TESTER



Use the battery tester to check whether your battery is still good to use or not.



UNDERSTANDING HEARING AIDS



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WHAT IS A
HEARING AID AND
HOW DOES IT
WORK?

A hearing aid is a small battery-operated device that fits in or behind your ear and makes sound comfortably louder and clearer.

A typical hearing aid is comprised of a microphone that picks up sound and turns it into electrical signal. The signal is then made louder and converted back into sound for you to hear.

Many digital hearing aids allow you to switch settings for different listening environments, some adjust automatically. For example directional microphone helps pick up sounds from the front of you and helps you focus in noisy places. An audiologist will help you to fine tune your hearing aid to suit your hearing loss.



HOW CAN HEARING AIDS
HELP ME?

Research shows that wearing hearing aids can improve quality of life and lessen the impact of hearing loss on one's life.

Wearing hearing aids won't necessarily make sounds perfectly clear—depending on the severity and type of your hearing loss. They should make them loud enough for you to hear at a comfortable level.

Hearing aids are designed to help you hear everyday sounds and improve your ability to hear speech. You would feel more confident when talking to people and make it easier for you to follow conversations. Hearing aids will also allow you to enjoy listening to music and the television again at a comfortable level for those around you.

Hearing aids also may also help if you are also suffering from tinnitus. (ringing sounds in your ear)

Hearing more environmental sounds may help to distract you from your tinnitus.



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HOW ARE
HEARING AIDS
FITTED?

If you need earmoulds for your hearing aids, the audiologist will make an impression of your ear so that the earmould will fit snugly in your ear.

Your audiologist will adjust your hearing aid to suit your hearing loss. You will be shown on how to use and look after your hearing aids. This includes how to put your hearing aid in and remove them easily. Changing batteries, cleaning your earmould and drying your hearing aid.

HOW LONG DOES IT TAKE TO
ADJUST TO MY HEARING AIDS?

When you first get hearing aids, you may find that sounds are louder than expected and/or your voice sounds strange. This is fairly normal. You need to remember that your brain has not heard the sounds for a while now. Research has shown that it takes at least a month to adjust to hearing aids but it can take a few months.

Your audiologist will offer a follow up appointment to see how you are getting along with your hearing aids. Your audiologist can make adjustments if you find sounds are uncomfortable.