

## PRESS INFO

### **INFORMATION ON SELF-ISOLATION FOR INDIVIDUALS WHO HAVE RETURNED TO BRUNEI DARUSSALAM FROM THE PEOPLE'S REPUBLIC OF CHINA**

1. As part of the national response to the ongoing 2019 Novel Coronavirus (2019-nCov) event affecting parts of the People's Republic of China and several other countries, the Ministry of Health has introduced a **self-isolation policy** for individuals who have returned or are returning to Brunei Darussalam from the People's Republic of China.
2. The policy contains the following:
  - I. **Firstly**: Anyone who has been in the People's Republic of China for 14 days before arriving in Brunei Darussalam and allowed to enter the country will be required to undergo self-isolation for 14 days;
  - II. **Secondly**: Citizens or permanent residents of Brunei Darussalam who are in the People's Republic of China (regardless of province) are allowed to return to Brunei Darussalam. They will be required to undergo self-isolation for 14 days. On this matter, any citizen or permanent resident of Brunei Darussalam who are in the People's Republic of China and are sick or unwell, is advised to postpone their return to this country and is also advised to seek the assistance of the Brunei Darussalam Embassy in the People's Republic of China for further advice; and
  - III. **Thirdly**: Upon their arrival in Brunei Darussalam, they should first report to the Port Health Office at the relevant point of entry, and inform the health officers on duty that they have just arrived from the People's Republic of China. Forms to be filled will be given and information to guide the individual during this self-isolation period will be provided.

3. At the same time, members of the public are advised to not visit the People's Republic of China and postpone any trips of non-importance to the People's Republic of China. This is to control the entry of the disease into Brunei Darussalam, which has been known to have human to human transmission.
4. The individuals who meet the self-isolation criteria, are obliged, under the Infectious Disease Act, Cap. 204, to **refrain from any public activities**, and to **monitor their health** for 14 days from the date of arrival back in Brunei Darussalam.
5. During the self-isolation period, the individuals concerned should carefully monitor their health. They must seek immediate health advice and proceed to the nearest Health Centre if they develop symptoms of fever, or respiratory symptoms such as coughing or shortness of breath during the self-isolation period.
6. Ministry of Health advises the public not to be alarmed or panic regarding this situation. The self-isolation policy has been introduced in order to ensure the health and wellbeing of the affected individual and the general public at large. The Ministry strongly urges the cooperation of all members of the public, employers, and other stakeholders in the implementation of this policy.
7. Further information on the self-isolation policy can be found in the Ministry of Health website at **www.moh.gov.bn** or public may contact the Disease Control Division by email at **dcd.bruhims@moh.gov.bn** or by telephone on **2380316 / 2380318**.

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**Reference : KK/PR/2**

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