

SMOKING CESSATION SERVICES

Klinik Berhenti Merokok @KBM

Aim:

To decrease the number of smokers in Brunei Darussalam through the provision of appropriate smoking cessation support

Available in all health centres and PIHM Hospital,
Temburong

Six months programme consists of
counseling and pharmacotherapy



Nicotine patch



Nicotine nasal spray



Nicotine gum



Nicotine inhalers



Nicotine lozenges



HEALTH CENTRE	KBM SCHEDULE	PHONE NUMBER
BERAKAS	Saturday AM & PM	2333991, 2340238
PENGIRAN ANAK PUTERI HAJAH RASHIDAH SA'ADUL BOLKIAH, SG. ASAM	Tuesday PM	2201593, 2201594, 2201597
JUBLI EMAS, BUNUT	Tuesday AM	2450450
JUBLI PERAK, SENKURONG	Thursday PM	2661067
LAMUNIN	Saturday PM	4237397
TELISAI	Thursday PM	4244456
SUNGAI KELUGOS	Thursday PM	4240645
SUNGAI LIANG	Thursday PM	3230428
PENGIRAN ANAK PUTERI HAJAH MUTA'WAKKILAH HAYATUL BOLKIAH, GADONG	Monday AM	2424991
PEKAN TUTONG	Saturday PM	4260805
SERIA	Wednesday AM	3222564, 3222651
KUALA BELAIT	Saturday PM	3335331 ext 3282
PENGKALAN BATU	Saturday PM	2683991
MUARA	Saturday PM	2770177
HOSPITAL PIHM	Saturday AM & PM	5221210