

FIRST AID AT THE WORKPLACE

INTRODUCTION

Definition of First Aid

It is the initial emergency action taken prior to medical aid with the intention to minimize harm and danger to the victim.

Purpose of First Aid at the Workplace

To provide immediate care and assistance to a person(s) injured or becoming ill at work until the arrival of competent medical personnel or until appropriate medical care is assured.

Aims of First Aid

- To preserve life
- To prevent or limit the injury or illness from further harm
- To relieve pain
- To promote recovery by giving correct first aid.

Legal Provision

It is stated in the Labour Act Cap. 93 Section 65(1) of the Laws of Brunei that:

“At every place of employment the employer shall provide for all workers such medical attention and treatment with medicines of good quality, first aid equipment and appliances for the transportation of sick or injured workers as may be prescribed.”

First Aid Requirements

The adequate and appropriate provision of first aid will depend on the risks or hazards and the number of workers in the work place and hence, the first aid needs have to be assessed. Essentially, first aid provisions involve the availability of the following:

- ✚ First Aider
- ✚ First Aid Box
- ✚ First Aid Room