

## **FIRST AID BOX**

A first aid box must be adequate for the needs of the workplace with specific provisions available for particular hazards, injuries and illnesses at the particular workplace.

### ***Design of the First Aid Box***

Must be sturdy and portable.

### ***Location***

Clearly identified, well illuminated and placed in an accessible location.

### ***Contents***

Ensure that the contents (please see below) are within their 'use by' or expiry dates. Items and quantities may vary according to identified hazards.

Please note that medicines should be kept locked at all times.

**RECOMMENDED CONTENTS OF A FIRST-AID BOX**

	<b>CONTENTS OF A FIRST-AID BOX OR CUPBOARD</b>	<b>BOX A (FOR WORKPLACES WITH UP TO 10 PERSONS EMPLOYED AT A TIME)</b>	<b>BOX B (FOR WORKPLACES WITH UP TO 11-50 PERSONS EMPLOYED AT A TIME)</b>	<b>BOX C (FOR WORKPLACES WITH UP TO 50 PERSONS &amp; ABOVE EMPLOYED AT A TIME)</b>
1.	Small individual medicated sterilized dressing, for fingers	6	12	24
2.	Medium-sized individual medicated or unmedicated sterilized dressing, for hands and feet	3	6	12
3.	Large individual medicated or unmedicated sterilized dressing, for other injured parts	3	6	12
4.	Assorted adhesive wound dressings Pressure bandages No 15	5	10	15
5.	Triangular bandages 90x90x130cm	5	10	15
6.	i) Roller bandages, 1inch ii) Roller bandage, 2inch	6 6	9 9	12 12
7.	Adhesive Plaster	(----- a	sufficient supply	-----)
8.	Absorbent sterilized cotton wool, in ½ oz packets	6	6	6
9.	Suitable splints and wool, or other material for padding	(----- a	sufficient supply	-----)
10.	Approved eye wash (eye ointment or eye drops)	(----- a	sufficient supply	-----)
11.	Individual sterilized eye pads in separate sealed packets	2	4	8
12.	Rubber or pressure bandages	1	1	1
13.	Blunt-nosed surgical scissors	1	1	1
14.	Safety pins	12	24	36
15.	Crepe bandage: i. 5cm ii. 7.5cm	6 6	12 12	24 24
16.	Surgical tapes: 3M (Hypoallergenic) –5cm	2	4	8
17.	Gloves- disposable free size	6	12	24
18.	CPR Mask	(----- a	sufficient supply	-----)
19.	Torch light	1	2	4
20.	First Aid Guide booklet	1	2	4