

IF YOU ARE PREGNANT

Please tell the doctor if you are pregnant.

The following vaccinations are considered safe to be given when you are pregnant (if indicated and benefits of vaccination outweighs the risks):

- Tetanus
- Hepatitis A
- Hepatitis B
- Influenza (**not** in first trimester)

The following vaccinations are not to be given in pregnancy:

- Typhoid
- Varicella
- Yellow fever

DO YOU WORK?



FACTS ON RECOMMENDED VACCINATIONS IN CERTAIN OCCUPATIONS



**OCCUPATIONAL HEALTH DIVISION
DEPARTMENT OF HEALTH SERVICES**

INTRODUCTION

People in certain workplaces are at increased risk of exposure to particular communicable diseases, a number of which can be prevented through vaccination.

RECOMMENDED VACCINATIONS

The following table illustrates vaccinations recommended for those workers who are at an increased risk of exposure to communicable diseases in the course of their work.

VACCINATION	OCCUPATION	SCHEDULE/DOSES
Tetanus Toxoid	<ul style="list-style-type: none"> ✓ Agricultural workers ✓ Animal handlers ✓ Construction workers ✓ Sewage workers ✓ Maintenance workers 	<ul style="list-style-type: none"> ✓ If not previously immunized: <ul style="list-style-type: none"> • 3 doses at interval of 4 weeks of each dose ✓ For those immunized: <ul style="list-style-type: none"> • 1 booster dose every 10 years
Hepatitis B	<ul style="list-style-type: none"> ✓ Healthcare workers ✓ Police officers ✓ Fire fighters ✓ Home carers of disabled / elderly ✓ Air crew ✓ Acupuncturists 	<ul style="list-style-type: none"> ✓ If not previously immunized: <ul style="list-style-type: none"> • 3 doses (at 0, 1, 6 months) ✓ For those immunized: <ul style="list-style-type: none"> • Serology -if antibody level <10 mIU/ml, 3 doses to be repeated -if antibody level >10mIU/ml, nothing needs to be done

VACCINATION	OCCUPATION	SCHEDULE/DOSES
Hepatitis A	<ul style="list-style-type: none"> ✓ Healthcare workers ✓ Child carers / minders ✓ Sewage workers ✓ Home carers of disabled / elderly ✓ Laboratory staff 	<ul style="list-style-type: none"> ✓ 2 doses with the second dose 6 to 12 months after the first dose ✓ Immunity lasts up to 10 years ✓ Booster every 10 years
Influenza (HiB)	<ul style="list-style-type: none"> ✓ Healthcare workers ✓ Teachers ✓ Child carers / minders 	<ul style="list-style-type: none"> ✓ Single dose every year
Typhoid / Paratyphoid	<ul style="list-style-type: none"> ✓ Food handlers ✓ Laboratory workers ✓ Sewage workers 	<ul style="list-style-type: none"> ✓ Single dose ✓ Booster every 3 years
Varicella	<ul style="list-style-type: none"> ✓ Healthcare workers ✓ Teachers ✓ Child carers / minders 	<ul style="list-style-type: none"> ✓ 2 doses with the second dose 1 to 2 months apart from the first dose
Yellow fever	<ul style="list-style-type: none"> ✓ Seafarers ✓ Air crew ✓ Diplomatic service officers 	<ul style="list-style-type: none"> ✓ Single dose ✓ Effective for 10 years ✓ Re-vaccination if required